

# Black Health Primer



*Empowering learners with tools and resources to address anti-Black racism and revolutionize the Canadian healthcare system*

## ABOUT

The Black Health Primer is a multi-module, online, and self-paced course on Black health and anti-Black racism in the Canadian healthcare system. It was created in response to gaps in education and training on Black health and anti-Black racism in medicine and public health in Canada. The course is suitable for all medical and health profession learners, faculty, educators, professionals, and practitioners (including administrative and other staff).

## DEVELOPMENT

Community and expert consultations supported the development of the Black Health Primer. This includes a Scientific Planning Committee composed of medical and health professionals, practitioners, educators, and learners with expertise in Black health, anti-Black racism, and critical race theory.

Through education, the Black Health Primer uses critical race theory to improve the health of Black people and communities by:



Advancing knowledge in and promoting dialogue about anti-Black racism and its impact on health



Offering solutions to address the health inequities experienced by Black people in Canada at the individual and institutional levels



Identifying how anti-Black racism presents within the health system, social and structural determinants, and affects the health of Black communities in Canada

## ACCREDITATION

This 1-credit-per-hour Self Learning program has been certified by the College Family Physicians of Canada for up to 6.5 Mainpro+® credits



### DELIVERY

Online course  
Self-paced  
8 modules

Available in English  
Will be available in French soon



### INTERACTIVITY

Case studies  
Multimedia content  
Reflections  
Quizzes

### COST

#### INDIVIDUAL RATES

Individual (General): \$350  
Individual student/resident: \$150

#### INSTITUTIONAL RATES

Tier 1: \$350/seat, under 200 seats  
Tier 2: \$310/seat, 200 - 499 seats  
Tier 3: \$275/seat, 500+ seats

#### COMMUNITY-BASED ORGANIZATION RATES

General: \$250/seat  
Black, Indigenous & Afri-Indigenous-serving/led: \$150/seat

# Module Overview

	Module	Overview	Objectives
0	Introduction	<ul style="list-style-type: none"> <li>Equips medical and health learners, faculty and educators with the knowledge to support the “unlearning” of anti-Black racism and replace it with racially just practices</li> </ul>	<ul style="list-style-type: none"> <li>Describe the historical context of racial oppression and how anti-Black racism influences health</li> <li>Promote the role of healthcare professionals as agents of change</li> </ul>
1	The Legacy of Slavery and Anti-Black Racism in Canada	<ul style="list-style-type: none"> <li>Surveys the historical and contemporary experiences of Black communities in Canada</li> <li>Situates slavery as a violent system responsible for informing unfounded stereotypes about Black people</li> </ul>	<ul style="list-style-type: none"> <li>Identify and recognize the history and legacy of slavery and anti-Black racism in Canada</li> <li>Recognize how systemic anti-Black racism affects access to appropriate health care</li> </ul>
2	The Reality of Anti-Black Racism in the Health System	<ul style="list-style-type: none"> <li>Examines how implicit, systemic and structural bias based on unfounded “race science”</li> <li>Demonstrates how “race science” propagates harmful misconceptions contributing to health disparities</li> </ul>	<ul style="list-style-type: none"> <li>Recall the history and the dynamics of current anti-Black racism in health practices in Canada</li> <li>Identify the barriers to health care and racial health inequities for Black communities in Canada</li> </ul>
3	Anti-Black Racism, Criminal Justice and Child Welfare Systems as Structural and Social Determinants of Health	<ul style="list-style-type: none"> <li>Explores anti-Black racism as a structural determinant of health</li> <li>Demonstrates how the criminal justice, policing and child welfare systems affect the health and well-being of Black communities in Canada</li> </ul>	<ul style="list-style-type: none"> <li>Identify anti-Black racism as a structural and social determinant of health</li> <li>Recognize the impacts of Canada’s child welfare, criminal justice and policing systems on the health of Black communities in Canada</li> </ul>
4	The Structural and Social Determinants of Black Health	<ul style="list-style-type: none"> <li>Examines critical social determinants of health for Black people and communities in Canada, all of which are impacted by anti-Black racism</li> </ul>	<ul style="list-style-type: none"> <li>Recognize the relationship between structural factors and Black communities’ experiences of illness, health and wellbeing</li> <li>Understand the impact of anti-Black racism in the social determinants of health and health inequities</li> </ul>
5	Disrupting Anti-Black Racism through Individual Practice	<ul style="list-style-type: none"> <li>Highlights how systemic anti-Black racism in Canada is perpetuated through various policies</li> <li>Discusses how to address and eliminate anti-Black racism to improve the health of Black communities in Canada on a micro-level</li> </ul>	<ul style="list-style-type: none"> <li>Identify the critical resources needed to combat anti-Black racism in individual practice to improve care and services to Black communities</li> <li>Recall the process of reflexive inquiry, including social location, power, privilege and personal biases</li> </ul>
6	Dismantling Anti-Black Racism in Health Systems	<ul style="list-style-type: none"> <li>Focuses on ways to dismantle anti-Black racism in Canadian health systems, medical and health organizations</li> </ul>	<ul style="list-style-type: none"> <li>Address gaps in the current health system and identify the institutional changes required</li> <li>Identify ways to address gaps within health care institutions through structural interventions, policies and accountability measures to dismantle anti-Black racism</li> <li>Recognize why ethical racial and ethnic data collection are vital to improve the health and wellbeing of Black people in Canada</li> </ul>
7	Conclusion	<ul style="list-style-type: none"> <li>Highlights how to unlearn racial biases, promote health equity and identify next steps</li> </ul>	<ul style="list-style-type: none"> <li>Integrate an anti-racist analysis into experiences</li> <li>Increase capacity to work across diverse cultures and groups</li> </ul>