

Black Health Primer



Empowering learners with tools and resources to address anti-Black racism and revolutionize the Canadian healthcare system

ABOUT

The Black Health Primer is a multi-module, online, and self-paced course on Black health and anti-Black racism in the Canadian healthcare system. It was created in response to gaps in education and training on Black health and anti-Black racism in medicine and public health in Canada. The course is suitable for all medical and health profession learners, faculty, educators, professionals, and practitioners (including administrative and other staff).

DEVELOPMENT

Community and expert consultations supported the development of the Black Health Primer. This includes a Scientific Planning Committee composed of medical and health professionals, practitioners, educators, and learners with expertise in Black health, anti-Black racism, and critical race theory.

Through education, the Black Health Primer uses critical race theory to improve the health of Black people and communities by:



Advancing knowledge in and promoting dialogue about anti-Black racism and its impact on health



Offering solutions to address the health inequities experienced by Black people in Canada at the individual and institutional levels



Identifying how anti-Black racism presents within the health system, social and structural determinants, and affects the health of Black communities in Canada



DELIVERY

Online course
Self-paced
8 modules

Available in English
Will be available in French soon



INTERACTIVITY

Case studies
Multimedia content
Reflections
Quizzes

COST

INDIVIDUAL RATES

Individual (General): \$350
Individual student/resident: \$150

INSTITUTIONAL RATES

Tier 1: \$350/seat, under 200 seats
Tier 2: \$310/seat, 200 - 499 seats
Tier 3: \$275/seat, 500+ seats

COMMUNITY-BASED ORGANIZATION RATES

General: \$250/seat
Black, Indigenous & Afri-Indigenous-serving/led: \$150/seat

ACCREDITATION

This 1-credit-per-hour Self Learning program has been certified by the College Family Physicians of Canada for up to 6.5 Mainpro+® credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Temerty Faculty of Medicine, University of Toronto. You may claim up to a maximum of 6.5 hours (credits are automatically calculated).

Module Overview

	Module	Overview	Objectives
0	Introduction	<ul style="list-style-type: none"> Equips medical and health learners, faculty and educators with the knowledge to support the “unlearning” of anti-Black racism and replace it with racially just practices 	<ul style="list-style-type: none"> Describe the historical context of racial oppression and how anti-Black racism influences health Promote the role of healthcare professionals as agents of change
1	The Legacy of Slavery and Anti-Black Racism in Canada	<ul style="list-style-type: none"> Surveys the historical and contemporary experiences of Black communities in Canada Situates slavery as a violent system responsible for informing unfounded stereotypes about Black people 	<ul style="list-style-type: none"> Identify and recognize the history and legacy of slavery and anti-Black racism in Canada Recognize how systemic anti-Black racism affects access to appropriate health care
2	The Reality of Anti-Black Racism in the Health System	<ul style="list-style-type: none"> Examines how implicit, systemic and structural bias based on unfounded “race science” Demonstrates how “race science” propagates harmful misconceptions contributing to health disparities 	<ul style="list-style-type: none"> Recall the history and the dynamics of current anti-Black racism in health practices in Canada Identify the barriers to health care and racial health inequities for Black communities in Canada
3	Anti-Black Racism, Criminal Justice and Child Welfare Systems as Structural and Social Determinants of Health	<ul style="list-style-type: none"> Explores anti-Black racism as a structural determinant of health Demonstrates how the criminal justice, policing and child welfare systems affect the health and well-being of Black communities in Canada 	<ul style="list-style-type: none"> Identify anti-Black racism as a structural and social determinant of health Recognize the impacts of Canada’s child welfare, criminal justice and policing systems on the health of Black communities in Canada
4	The Structural and Social Determinants of Black Health	<ul style="list-style-type: none"> Examines critical social determinants of health for Black people and communities in Canada, all of which are impacted by anti-Black racism 	<ul style="list-style-type: none"> Recognize the relationship between structural factors and Black communities’ experiences of illness, health and wellbeing Understand the impact of anti-Black racism in the social determinants of health and health inequities
5	Disrupting Anti-Black Racism through Individual Practice	<ul style="list-style-type: none"> Highlights how systemic anti-Black racism in Canada is perpetuated through various policies Discusses how to address and eliminate anti-Black racism to improve the health of Black communities in Canada on a micro-level 	<ul style="list-style-type: none"> Identify the critical resources needed to combat anti-Black racism in individual practice to improve care and services to Black communities Recall the process of reflexive inquiry, including social location, power, privilege and personal biases
6	Dismantling Anti-Black Racism in Health Systems	<ul style="list-style-type: none"> Focuses on ways to dismantle anti-Black racism in Canadian health systems, medical and health organizations 	<ul style="list-style-type: none"> Address gaps in the current health system and identify the institutional changes required Identify ways to address gaps within health care institutions through structural interventions, policies and accountability measures to dismantle anti-Black racism Recognize why ethical racial and ethnic data collection are vital to improve the health and wellbeing of Black people in Canada
7	Conclusion	<ul style="list-style-type: none"> Highlights how to unlearn racial biases, promote health equity and identify next steps 	<ul style="list-style-type: none"> Integrate an anti-racist analysis into experiences Increase capacity to work across diverse cultures and groups